



THE SPA
at
GRAND LISBOA
MACAU



新葡京皇牌按摩护理：活力再生
THE GRAND LISBOA SIGNATURE
RITUAL - ENERGY REBALANCING

60分钟min / 90分钟min / 120分钟min

澳门新葡京水疗护理中心独创的皇牌身体按摩，以纯正的精油香熏疗法，汲取东西方传统按摩之精髓。60分钟的疗程通过精准地按压脊椎和足部穴位，并利用瑞典式和作用于神经肌肉的其它按摩技巧，达到舒缓身心，缓解运动所造成的肌肉和关节酸痛，并促进血液循环。此疗程备有十三种独款精油，根据宾客性别及身体状况而供选择，以香薰平思绪，安情绪，舒身心，令活力再生。90分钟以及120分钟的疗程会加强手臂、面部及腹部的护理。

The 60-minute aromatherapy treatment combines essential oil with traditional massage techniques from East and West. Professional therapists skillfully press along the spine and on the acupuncture points along the legs with Swedish massage and other massage techniques which work on the neuro-muscles to completely relax body and heart, alleviate muscular tension, stimulate blood circulation and eliminate joint soreness caused by sports. The body treatment involves 13 unique essential oil options that cater to the needs of both men and women. Each formula has great power to balance one's emotions and mental state with their healing fragrances. Anxiety and pressures melt away, and the body and mind are rejuvenated. The 90-minute and 120-minute aromatherapy treatment also serve to enhance the arm, face and abdomen treatment.

热石按摩
HOT STONE MASSAGE

90分钟min / 120分钟min

热石按摩为一种特殊的理疗。技艺纯熟的理疗师使用加热后光滑的热石，配合精油和不同手法，进一步延伸手掌按摩所触及的范围。通过热石的矿物能量、热量和轻微的重量，起到迅速放松、缓和紧绷肌肉的作用，并让按摩效果更为有效持久。按摩过程中，理疗师会在脊椎、手掌、腹部等特定部位放置大小各异的热石，通过热石本身的能量电荷，改善体内能量流动，具有恢复与疗愈的功效。

Hot stone massage is a specialty treatment. Well-trained therapists use heated stones, combined with essential oils, as an extension of their own hands to massage the body. The mineral energy, heat and subtle weight of the stones can immediately relax and alleviate tight muscles, and enhance and prolong the massage effects. In this treatment, the therapist places heated stones of different sizes on specific points of your spine, palms and belly. The energetic charge inherent to the basalt will improve the energy flow of the body and therefore bring forth powerful healing and recovery.

泰式按摩
THAI MASSAGE

60分钟min / 90分钟min / 120分钟min

泰式按摩是2,500年前由泰国僧侣创造的一种养生古法按摩。其利用身体能量线上的被动拉伸和轻柔压力，增加身体柔韧性，缓解肌肉和关节紧张，以平衡身体能量系统。理疗师用手指或手掌做有节奏的按压动作，或行云流水般的引导你的身体移动、拉伸、摇晃和伸展。泰式按摩既放松又刺激，让人在按摩后活力四射并精力充沛。

Thai massage is an ancient form of massage thought to have been developed by Buddhist monks in Thailand 2,500 years ago. It features passive stretching and gentle pressure along the body's energy lines to increase flexibility, relieve muscle and joint tension and balance the body's energy systems. In the treatment, therapists apply rhythmic pressure on your body with their fingers and palms. They also smoothly guide your whole body to move, stretch, sway and extend. Thai massage is both relaxing and energising, making you active and full of spirit.

瑞典式按摩
SWEDISH MASSAGE

60分钟min / 90分钟min / 120分钟min

瑞典式按摩是全球最著名的按摩方式之一。其目的在于提高机体免疫力，刺激和改善体内循环，缓解肌肉紧张，增加幸福感，使整个身体完全放松。瑞典式按摩也是一种著名的健康辅助治疗方法，理疗师使用揉捏等按摩手法，并配合按摩油，以减少对皮肤的刺激和摩擦。研究表明，瑞典式按摩能改善心血管功能，增强供血能力和毛细血管的弹性。

Swedish massage is one of the world's best-known types of body work. The purpose of a Swedish massage is to enhance immunity, stimulate circulation, alleviate muscle tension, increase the sense of happiness and relax the entire body. It is a famous adjuvant therapy for promoting health. In the treatment, therapists use a combination of kneading with the application of massage oil to reduce irritation and friction on the skin. Research shows that Swedish massage can effectively improve cardiovascular functions, blood supply and flexibility of blood capillaries.

推拿 TUI NA

60分钟min / 90分钟min / 120分钟min

推拿在中国已流传5,000多年，被誉为「手指与力量的古老疗愈艺术」，其安全和对多种病症的疗效已获得国际关注。由于属中医范畴，所以推拿适用于各年龄段人士。利用身体不同的能量通道，理疗师们有节奏地用手指、手和肘部，在特定的部位按压包括肌肉、肌腱、经络、穴位和神经，以消除淤堵，调畅气机，提升自愈功能。

Used in China for more than 5,000 years, Tui Na (pronounced “twee nah”) is defined as “the ancient healing art of fingers and strength”. It has been gaining international attention for its safety and therapeutic effects for a wide variety of conditions. It is a technique of Traditional Chinese Medicine and suitable for people of all ages. Taking advantage of different energy channels in the body, practitioners use their fingers, hands and elbows to exert pressure on specific parts of your body including muscles, muscle tendons, meridians, acupoints, and even nerves to remove blockages, establish harmonious flow of qi and energy, and to improve the self-healing power of the body.

中式穴位按摩 PRESSURE POINT MASSAGE

60分钟min / 90分钟min / 120分钟min

中医认为人体有数百个穴位，大部分在软组织、神经束和关节附近。通过按摩这些穴位，能起到舒缓和治疗的作用。此外，中式穴位按摩还可帮助缓解疼痛，促进血液循环，调节气与能量流动。经验丰富的理疗师采用传统中式指压法，作用于不同穴位。根据各人情况，仔细轻柔地控制对穴位的压力，以缓解肌肉紧张，达到身心和谐舒畅，提升机体自愈功能。

According to TCM doctors, there are hundreds of acupoints all over the human body, most of which are found near soft tissues, nerve tracts and joints. Massaging these points is both pleasurable and therapeutic. It can help relieve pain, improve blood circulation and channel the flow of qi and energy. Experienced therapists employ traditional Chinese acupressure techniques to work on acupoints slowly and carefully with controlled strength that varies with the individual to alleviate muscle tension, balance the body and mind, and strengthen the body's self-healing functions.

舒缓肩颈背按摩 NECK, SHOULDER AND BACK RELIEF

60分钟min / 90分钟min / 120分钟min

该疗程主要使用具有舒缓排毒作用的温热精油。资深的理疗师熟练地运用手指、手掌和肘部，按摩肌肉、肌腱、骨侧、骨骼间隙等部位，有效深层舒缓背部和肩颈的疲惫肌肉，缓解酸痛，减轻压力和肌肉张力。此外，还能舒缓因久坐或以同一姿势工作造成的肩颈与背部伤害，促进淋巴和血液循环，帮助身体排毒。

This treatment uses warm essential oils with soothing and detoxifying effects. Experienced therapists technically massage your muscles, muscle tendons, bone laterals and the space between the bones with their fingers, palms and elbows, in order to deeply relieve muscle fatigue, soreness and tension, as well as tightness of the back, neck and shoulders. It can cure problems with these areas caused by long-time sitting or working with the same posture, as well as stimulate lymphatic and blood circulation, and assist in the elimination of body toxins.

足部反射疗法 FOOT REFLEXOLOGY

60分钟min / 90分钟min

足部反射疗法通过按摩足部特定的反射点，调整相应脏腑经络气血的功能，从而达到治疗疾病的目的。理疗师在腿部和足底的多个穴位轻柔指压，刺激多个联通的身体器官及腺体，通过按压足部神经末梢，帮助打通堵塞的能量通道，改善腿部和足部的疲劳，最终提高整个身体机能。其功效包括：净化体内毒素、改善免疫系统、促进血液循环、增强机体自愈能力并平衡身体能量。

This practice works on specific reflex points on the feet to induce a healing response in corresponding organs and areas of the body. With gentle acupressure techniques, therapists massage several acupoints on the legs and feet which are linked to various body organs and glands, and manipulate the nerve endings on the feet in order to clear up blocked energy channels, alleviate leg and foot fatigue, and ultimately improve the whole sense of well-being. The benefits include: cleansing the body of toxins, boosting the immune system, increasing blood circulation, promoting self-healing and balancing the body's energy.

法式维希浴按摩 VICHY SHOWER WITH MASSAGE

30分钟min

维希浴源于法国并迅速风靡全球，成为世界上发展最快的水疗疗法之一。维希浴一般设有温暖的大理石水疗床和多个淋浴喷头，以便客人用温水沐浴全身。整个疗程豪华而舒适放松，可以洗净全身并有效去除身体角质。法式维希浴按摩于大理石水疗床上进行，理疗师用特制身体精油配合熟练的推捏按摩手法，辅以维希浴的水力按摩，从而缓解压力，改善循环系统，舒缓身心疲劳。

The Vichy shower originated in France and has quickly spread through the world as one of the fastest-growing spa treatments. The Vichy shower's equipment generally consists of a warm marble spa table and multiple shower heads, each of which rains down warm water all over the body. It is a completely relaxing and luxurious experience that effectively exfoliates and cleanses the whole body. In "Vichy Shower with Massage", the water jet massage generated by a Vichy shower is combined with the gliding and kneading manipulations of professional therapists, along with specific body oils. Lying on the marble table, you will experience total relief from stress, improved circulation and relaxation of body and mind.

面部及头部按摩 FACE AND HEAD MASSAGE

30分钟min / 60分钟min

头为诸阳之会，内络脑髓，外连五官；面为气血所聚，精神所在；头面部的按摩是中国医家们最为推崇的养生方法之一，能加强记忆力、清晰思维、敏捷反应，使耳聪目明、面有光泽及精神充沛。该按摩疗程以柔和指压手法，作用于面部及头部的多个穴位，疏导淋巴，改善睡眠，令心情舒畅。

All yang channel flows of the body come together in the head. The head encapsulates the brain and connects to the five sense organs, while the face reveals one's qi and blood condition as well as the entire mental state. Face and head massage is one of the most respected therapies of traditional Chinese doctors, for it can enhance memory, clear the mind, quicken response times, improve hearing and sight, brighten the complexion and invigorate the spirit. This "Face and Head Massage", employs gentle acupressure techniques to work on several acupuncture points on the face and head in order to dredge the lymphatic systems, improve sleep quality and lift the mood.

极致面部护理 ULTIMATE FACIAL TREATMENT

90分钟min

该90分钟疗程专为全年龄段的各类肌肤问题设计，从深层清洁到高效修复和保湿，令肌肤呈现出最佳状态，焕发健康光泽。面部清洁和去角质之后的面部按摩，先以淋巴疏导的手法解决面部水肿问题，促进面部血液循环。再搭配保湿面膜，进行深层补水、滋养和修护。随后，眼部穴位指压可疏导和改善眼部微循环。此外，该疗程还包括全套手部或臂部按摩以及头部解压舒缓按摩。

This 90-minute treatment is designed for all types of skin of all ages, rejuvenating and brightening the face through intensive cleansing, restoration and hydration. The treatment begins with facial cleansing and exfoliation, followed by a facial massage of lymphatic drainage to remove edema and stimulate blood circulation on the face. A hydrating mask is then applied to deeply moisturise, nourish and repair. Afterwards, an eye acupressure is done to improve microcirculation around the eyes. The treatment is further enhanced by an arm/hand massage and de-stress scalp treatment.

保湿面部护理 HYDRATING FACIAL TREATMENT

60分钟min / 90分钟min

该高效保湿护理有助于帮助干燥、暗沉、疲倦和脆弱的肌肤立即从底层补充并锁住水份，改善红血丝和敏感状况，令肌肤饱满亮泽。60分钟疗程包括面部清洁、去角质、面部按摩和保湿面膜；90分钟疗程则增加眼部护理，配合眼部穴位指压和淋巴引流专业按摩技巧，疏导和改善眼部微循环。此外，该疗程还包括手部或臂部按摩以及头部舒缓按摩。

The highly hydrating treatment supplies water to the deep layers of the skin to instantly eliminate skin dryness, dullness, fatigue and fragility, and reduce redness and sensitivity, leaving the skin plump and radiant. The 60-minute treatment includes facial cleansing, exfoliation, facial massage and hydrating mask, while the 90-minute treatment also includes an eye treatment, which improves microcirculation around the eyes through acupressure and lymphatic drainage massage. The treatment is enhanced by an arm/hand massage and de-stress scalp treatment.

舒缓肌肤护理 SOOTHING FACIAL TREATMENT

60分钟min / 90分钟min

该疗程专为敏感肌肤设计，帮助镇静面部肌肤，减少红血丝；同时锁水保湿，提高肌肤免疫力。60分钟疗程包括适合敏感肌肤的面部清洁、温和去角质、面部按摩和舒缓镇静面膜。90分钟疗程则增加眼部护理，配合眼部穴位指压和淋巴引流专业按摩技巧，舒缓和改善眼部微循环。此外，该疗程还包括手部或臂部按摩以及头部舒缓按摩。

The treatment is designed for sensitive skin to reduce redness, soothe the skin, moisturise and maintain moisture levels, and improve skin immunity. The 60-minute treatment includes facial cleansing fit for sensitive skin, gentle exfoliation, facial massage and a soothing mask. The 90-minute treatment further offers an eye treatment, which improves microcirculation around the eyes through acupressure and lymphatic drainage massage. The treatment is enhanced by an arm/hand massage and de-stress scalp treatment.

抗衰老面部护理 ANTI-AGEING FACIAL TREATMENT

90分钟min

该护理针对面部细纹和衰老问题进行修护，能有效改善肤色暗黄、提升面部轮廓、紧致肌肤、抚平皱纹。90分钟疗程包括深层面部清洁、去角质及面部按摩，并使用双重高效抗衰面膜修护。眼部护理使用眼部穴位指压和淋巴引流专业按摩技巧，疏导和改善眼部微循环。此外，该疗程还包括手部或臂部按摩以及头部舒缓按摩。

The treatment targets facial fine lines and ageing phenomena, and is effective in reducing dull yellow complexion, lifting contour line, tightening the skin and removing wrinkles. The 90-minute treatment includes deep facial cleansing, exfoliation, facial massage, double-effect anti-ageing mask and an eye treatment, which improves microcirculation around the eyes through acupressure and lymphatic drainage massage. The treatment is enhanced by an arm/hand massage and de-stress scalp treatment.

男士洁净面部护理 MEN'S FACIAL TREATMENT

60分钟min / 90分钟min

该面部深层清洁和控油护理专为男士设计，可有效改善皮肤暗哑，令面容神采焕发。60分钟疗程包括深层面部清洁、去角质、面部控油按摩和滋养焕彩面膜。90分钟的疗程则与女士面部护理一样增加了眼部疗程，缓解由于长时间工作和使用手机造成的眼部疲劳。

This deep cleansing and oil-control facial treatment is exclusively designed for men to remove dullness and leave the skin luminous. The 60-minute treatment includes deep facial cleansing and exfoliation, oil-control facial massage and nourishing mask. The 90-minute treatment further offers an eye treatment to eliminate eye fatigue caused by long periods of work and cell phone use.

面部速效护理 RECOVERY FACIAL TREATMENT

30分钟min

该即时速效的面部护理首先进行面部清洁并去除角质，然后通过面部按摩，迅速滋养和补充水分、提亮肤色、抚平皱纹。随后，舒缓而放松的头部按摩可促进全身血液循环，令肌肤保持最佳状态。

This instant recovery facial treatment begins with facial cleansing and exfoliation, followed by facial massage to immediately nourish, moisturise and brighten the skin and remove wrinkles. Afterwards, a soothing and relaxing scalp massage is done to stimulate blood circulation and leave the skin at its best state.

眼部极致护理 EYES TREATMENT

30分钟min

该30分钟疗程能迅速消除眼部疲劳及浮肿、改善黑眼圈、淡化眼周细纹。以专业的眼部穴位指压按摩，疏导淋巴及引流，加强眼周微循环，改善由长时间使用手机造成的视觉模糊和眼部劳累。

The 30-minute treatment immediately removes eye fatigue, puffiness and dark circles, and reduces fine lines around the eyes. Professional eye acupressure massage improves microcirculation and lymphatic drainage to combat blurred vision and eye fatigue caused by cell phone usage.

纤体紧致护理 CONTOURING AND FIRMING BODY TREATMENT

60分钟min

该护理用特殊的淋巴排毒按摩技巧，促进身体新陈代谢，燃烧脂肪，消除顽固脂肪，并快速排出毒素和改善淋巴水肿。护理后身体轻盈放松，肌肤紧致柔滑具有弹性，身段纤美，尽显健康活力。

The treatment uses special massage techniques for lymphatic detoxing to stimulate the body's metabolism, burn fat, eliminate tenacious cellulite, expel toxin and reduce lymphedema, leaving you with slimmer body contours and smoother and more tightened skin texture.

抗衰老身体护理 ANTI-AGEING BODY TREATMENT

60分钟min

该终极抗衰老身体疗程旨在消除肌肤岁月痕迹、调整肌肤质感、均匀肤色、增强肌肤弹性、改善身陈代谢和血液循环，促进肌肤细胞修复和再生，令肌肤紧致年轻，光滑亮泽。

This ultimate anti-ageing body treatment aims to tone the skin, adjust skin texture density, enhance elasticity, improve metabolism and blood circulation, and stimulate skin cell restoration and rebirth, leaving the skin firm, smooth and young.

滋润保湿身体护理 MOISTURISING BODY TREATMENT

60分钟min

该即时速效的保湿护理，通过抚拭舒缓的按摩手法，令肌肤在极度放松的状态下，最大限度地吸收高效滋润的产品。此外，护理还能立刻改善干性肌肤的干燥、瘙痒和过敏问题，使肌肤光滑亮泽，饱满健康。

This intense moisturising treatment, with soothing and relaxing massage techniques, optimises the skin's absorption of highly effective nourishing products while guests stay in a state of utmost relaxation. It re-hydrates your skin to instantly eliminate dryness, itch and irritability, leaving the skin smooth, nourished and radiant.

胸部护理 BUST BEAUTY

30分钟min

该美胸疗程在去除角质后，通过淋巴按摩手法加强胸部的新陈代谢，缓解由佩戴文胸造成的血液循环不畅，并提升胸部的营养吸收能力，令胸部肌肤柔滑娇嫩富有弹性，重塑紧实坚挺的胸部。

This bust beauty treatment begins with skin exfoliation, followed by lymph massage techniques to enhance the metabolism of the breast area, stimulate blood circulation otherwise blocked by bras, improving breast absorption of nutrients and making the skin more tender and elastic, leaving your breasts firm and lifted.

去角质身体护理 PRO-AROMATIC BODY EXFOLIATION

60分钟min

该柔和去角质身体护理能有效去除身体表面的死皮细胞、打开并清洁毛孔，提升皮肤的营养吸收能力、促进身体排毒、净化并滋润肌肤，使其恢复细致光滑。

This mild exfoliating body treatment effectively removes dead skin cells, opens and cleans skin pores to facilitate their absorption of nutrition, and detoxes, purifies and moisturizes the skin, resulting in a smooth and polished finish.

腰腹纤体护理 REFINED WAIST

45分钟min

该45分钟的护理针对腰腹部位的顽固脂肪。经验丰富的理疗师以拳掌刺激腰腹部位的内部组织和脏器。效果卓越的按摩油可加快身体和内脏脂肪的燃烧，塑造完美腰腹臀曲线，并提升肾肝功能，改善肠蠕动。

The 45-minute treatment targets stubborn fat around the waist and abdomen. An experienced therapist stimulates the inner tissue and organs around the waist and abdomen through the use of fists and palms. Highly effective massage oil penetrates the body to further burn the fat on the body and internal organs to help shape perfect curves of waist, abdomen and hips, as well as improving kidney and liver functions and intestine peristalsis.

身体暖膜 (保湿/排毒) BODY WRAP (HYDRATING/DETOXIFY)

60分钟min

该身体暖膜护理帮助身体打开毛孔，排汗排毒，有效疏解身体疼痛及肌肉疲劳，改善睡眠质量，让肌肤健康水嫩、充满光泽、焕发生机。

This warm body wrap helps open skin pores to assist with perspiration and detoxification, alleviating body pains and muscle fatigue, and improving sleep quality while leaving your skin revived, tender, glowing and moisturised with vitality.

葡京尊享水疗护理

THE GRAND LISBOA SPA TREATMENT

90分钟min

该90分钟的护理在大理石水疗床上进行，先去除全身角质，在全身放松，毛孔打开后，施以水力按摩，最后以暖泥敷体。整个疗程有效促进身体排毒并净化肌肤，加速护理产品的渗透，有效改善身体循环，舒缓肌肉紧张和疼痛，消除身心疲劳。该护理让肌肤瞬间水嫩柔滑，细致亮泽，焕然一新。

The 90-minute treatment starts by exfoliating your whole body to remove dead skin cells on a marble table. When your body is totally relaxed and the pores opened, a water jet massage follows, and the treatment ends with a warm mud body wrap. The treatment effectively detoxifies the body and purifies the skin, quickens the penetration of skincare products, improves body circulation, alleviates muscle tension and pain and removes the fatigue of body and soul. It leaves your skin tender, smooth and glowing with vitality.

蜜蜡脱毛（腋下）

UNDERARM WAXING

15分钟min

经验丰富的理疗师先用天然的身体洁肤液清洁脱毛部位，再用蜜蜡进行脱毛。

An experienced therapist firstly cleans the area with natural body cleanser and then applies warm wax.

修眉

EYEBROW SHAPING

15分钟min

技法娴熟的理疗师先用剃刀、修眉钳和剪刀塑造和调整眉型，随后用玫瑰保湿爽肤水清爽并舒缓眉部皮肤。

An experienced therapist shapes and polishes your eyebrows with razor, pincers and scissors, complete with moisturising toner to refresh and soothe the eyebrow skin.

巴拿芬蜜蜡护理 - 手部或足部

PARAFFIN WAX - HANDS OR FEET

15分钟min / 30分钟min

温热的巴拿芬蜜蜡有利于去水肿，帮助损伤组织再生与修复。该护理首先去除手或足部角质，令双手或双足的皮肤细嫩幼滑。再用温热的巴拿芬蜜蜡包裹，以加强末梢神经的血液循环，提升皮肤对护肤品的营养吸收。护理后手或足部皮肤光滑滋润，健康亮泽。

Warm paraffin wax can alleviate edema and repair damaged tissues. The treatment begins with exfoliation of hands and feet to make them tender and soft. Then the warm paraffin wax is used to wrap the skin to improve the blood circulation of peripheral nerves and enhance the skin's absorption of nourishing skincare products. After the treatment, your hands and feet will become smoother, nourished and radiant.

法式维希浴 VICHY SHOWER

30分钟min

维希浴源于法国并迅速风靡全球，成为世界上发展最快的水疗疗法之一。维希浴一般设有温暖的大理石水疗床和多个淋浴喷头，以便客人用温水沐浴全身。整个疗程豪华而放松，可以洗净全身。法式维希浴疗程于大理石水疗床上进行，用水力按摩刺激身体淋巴结，以改善循环系统，舒缓身心、解除疲惫并促进睡眠。

The Vichy shower originated in France and has quickly spread throughout the world as one of the fastest-growing spa treatments. The Vichy shower equipment generally consists of a warm marble spa table and multiple shower heads, each of which rains down warm water all over the body. It is a completely relaxing and luxurious experience that effectively cleanses the whole body. This 「Vichy Shower」 treatment uses water jet massage to work on the lymphatic knots so as to improve circulation, relax the body and mind, relieve fatigue and improve sleep quality.

极致呵护之四手天堂 SPA SPLURGE – FOUR HANDS HEAVEN

30分钟min / 60分钟min / 90分钟min

堪称极致呵护的四手天堂疗程，由两位训练有素、默契一致的理疗师以同步节奏，配以芳香精油进行全身按摩。无论从力度、技巧，还是动作细节、甚至呼吸都宛若一人。疗程设计精巧、省时快捷且一气呵成，带来双倍抚慰和呵护，尽显无限奢享。

The “Spa Splurge – Four Hands Heaven” brings you the utmost in pampering by two well-trained therapists harmoniously working in concert. They are like one person with synchronised strength, techniques, movements and even breathing. Performed using fragrant oil, this delicately designed treatment is time-saving and smoothly done, yet brings forth double comfort and a sense of pampering.

预约条款及细则

水疗礼节

我们诚挚地提醒来访者，请勿大声喧哗，尽量放低声量，并将手机和电子设备调至静音模式。

预约

我们建议您造访水疗中心前进行行程预约，以保证在最理想的日期和时段体验疗程。

登记

请在疗程前至少30分钟到接待台进行登记，以保证疗程准时开始。为了避免影响后续疗程，将不对迟到的客人延长体验时间。

取消预约

没有提前4小时取消预约的客人须支付50%的取消费用。未取消预约或无故缺席的客人须支付全额费用。

健康条款

我们建议患有高血压、心脏病、怀孕或其它并发症的客人先咨询专业医师后再进行水疗体验。若患有任何疾病或身体症状，请告知理疗师。

水疗区域禁止吸烟

澳门新葡京酒店保留修改疗程价格、条款及细则的权利，无需另行通知。

TERMS AND CONDITIONS

Etiquette:

We respectfully request that all visitors keep noise to a minimum. Cell phones and electronic devices should be set to silent mode.

Reservations:

Advance booking prior to arrival is recommended to secure preferred date and time of treatment.

Check-in:

Please check in at the spa reception at least 30 minutes prior to your scheduled appointment to ensure treatments begin on time. In order not to delay subsequent treatments, late arrivals will not receive an extension of scheduled treatments.

Cancellation Policy:

Any cancellation with less than four hours' notice will incur a 50% cancellation fee. The full amount will be imposed for a "no-show".

Health condition:

Guests with high blood pressure, heart conditions, who are pregnant or have any other medical condition are advised to consult their doctor before signing up for any spa services. Please make our spa therapist aware of any medical condition.

Smoking:

Smoking within the spa area is prohibited.

Notice:

Grand Lisboa Hotel reserves the right to amend the prices, terms and conditions without any prior notice.